

# KCA MARTIAL ARTS

## ANNAPOLIS

SCHEDULE OF CLASSES

301-593-8000



### Ridgely Retreat

203 Ridgely Avenue

West Annapolis, MD 21401

### Pip Moyer Rec Center

273 Hilltop Lane

Annapolis, MD 21403

## MONDAYS & WEDNESDAYS

Youth: 5:00pm - 5:50pm

Adult: 7:45pm - 8:55pm

## SATURDAYS

Youth: 12:15pm - 1:15pm

Adult: 1:15pm - 2:00pm

### Introductory Lessons

Mondays, Wednesdays & Saturdays

Please call for appointment.

### Specialty Classes – on website

For cancellations of classes due to inclement weather, please call 301-593-8000 for pre-recorded message or check our website: [www.KCAMartialArts.com](http://www.KCAMartialArts.com)

# KARATE CLUB OF AMERICA

## INSTRUCTORS

### TAE KWON DO

**Michael Wholihan**

*Kickboxing & Tae Kwon Do*

*8th-Degree Black Belt with 44 years of experience teaching martial arts.*

**Ken Mathews**

*Tae Kwon Do & Shotakon*

*5th-Degree Black Belt*

**Jacob Rothermel**

*Tae Kwon Do & Kickboxing*

*4th-Degree Black Belt*

**Catherine Eicke**

*Kickboxing & Tae Kwon Do*

*4th-Degree Black Belt*

**Jay Chiang**

*Tae Kwon Do, Modern Arnis & Tai Chi*

*2nd-Degree Black Belt*

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**301-593-8000**

[www.KCAMartialArts.com](http://www.KCAMartialArts.com)

[KCAMartialArts@gmail.com](mailto:KCAMartialArts@gmail.com)

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*Class schedules subject to change without notice*

**KCA MARTIAL ARTS**  
**ANNAPOLIS**

TUITION  
301-593-8000



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**Discipline the mind and the body will follow**

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**Intro Month (New students only)**

All classes.....\$59

Free uniform for new students only (\$49 value)

**Month-to-Month Tuition**

All classes.....\$108

2nd student (parent or sibling) with full-paying student: 10% discount

**Registration**

Non-refundable fee per student.....\$18

Free T-shirt for new students only (\$21 value)

- There is never any obligation to continue from one month to the next.
- No term agreements or long contracts.
- Tuition is due monthly via automatic drafts.
- Prior month from checking or savings.
- Schedule your account with our Program Director.

Class schedules subject to change without notice  
*Maryland State Registration E2699*

**KARATE CLUB OF AMERICA**

**LESSON INFORMATION**

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KCA MARTIAL ARTS is a traditional Martial Arts School with friendly, professional staff qualified to teach everyone from the beginner to the advanced student. Our Martial Arts programs offer you a way to relax, get exercise, and learn self-defense.

**Instructors**

Our greatest asset! Our instructors are professionally-trained, experienced, knowledgeable, and supportive. Participation in teaching seminars which are designed to keep them abreast of the safest, most effective techniques are a requirement.

**Lessons**

We offer continuous enrollment, so you may begin your lessons immediately. We are open year-round.

**Facilities**

Full-wall mirrors, air shields, targets, muay thai shields, blockers, free, well-lit parking, convenient to buses.

**Activities**

In addition to regularly-scheduled lessons, we offer tournaments, seminars, and private lessons. For more detailed information on upcoming events at the KCA MARTIAL ARTS, check our website.

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Further information about KCA MARTIAL ARTS can be obtained by contacting:

**301-593-8000**

[www.KCAMartialArts.com](http://www.KCAMartialArts.com)  
[KCAMartialArts@gmail.com](mailto:KCAMartialArts@gmail.com)

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## **KCA MARTIAL ARTS BELT PROMOTION**

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**REQUIREMENTS:** If you have any questions about the physical requirements for your exam, exam forms for all belt levels are available. Students are encouraged to ask their instructors which areas need practice.

**ELIGIBILITY:** Exam eligibility is determined only by Mr. Wholihan.

**FEE:** For gold belt and up, not including black belt, there is a \$50 exam fee. For black belt, check with the instructor. Paperwork and payments must be turned in before exam day.

**FORMS:** Exam forms are available online and from our Program Director. Pick up, fill out, and turn in your exam form with payment BEFORE your exam day. Entries are not accepted on exam day.

**ACCOUNTS:** All accounts must be current for belt-promotion eligibility. Please contact the Program Director if you have any questions. Payments must be turned in BEFORE the day of your exam.

**UNIFORMS:** You must wear your full KCA-approved uniform to all exams. Make sure you have a properly-placed school patch on your uniform (left front).

**EQUIPMENT:** Green stripe and above, bring your equipment to all exams.

**CLASS:** All exams are considered classes, whether you are testing or not. Students and parents are encouraged to attend.

If you have any additional questions, please contact us at your convenience. 301-593-8000 or [www.KCAMartialArts.com](http://www.KCAMartialArts.com)

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## **KARATE CLUB OF AMERICA HELPFUL HINTS**

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- ◆ Always bow upon entering and leaving the dojo (karate room).
- ◆ To show respect during your exam, never turn your back to the judge(s).
- ◆ Make sure your uniform is clean as a whistle – this is a sign of great respect to your instructor, your karate school, and yourself.
- ◆ Only full uniforms are allowed at exams. (Gi top and pants with a properly-placed KCA patch on front left.)
- ◆ Ask for help if you need it when tying your uniform or belt. Better to ask for help and make sure you look your absolute best.
- ◆ Show up early to your exam. You will need to stretch on your own before you test.
- ◆ Turn in all your paperwork (exam form and payment) before your exam day. Paperwork is not accepted on exam days. No exceptions.
- ◆ Don't work out too hard on the day of your exam. Save your energy and make it count.
- ◆ There are never any surprises when you test. You will only be asked to do what you have done in class, which is what is on your exam form.
- ◆ If you were not ready to test, Mr. Wholihan would not have told you to do so. Relax and do what you have practiced in class.